



Southern Alberta
Professional Development
Consortium

Aitomani'stsi'kakimoap'a - Working Together on Working Together



PRESENTED BY

**Southwest Regional Collaborative Service
Delivery**



SERIES SESSIONS

Date	Time
March 26, 2019	7:30 AM - 4:00 PM



LOCATION

**Lethbridge MultiCultural Centre - 421 6
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\$30.00

QUESTIONS?

Contact Us:

403-381-5580

REGISTER ONLINE

Visit our website to register:

sapdc.ca

Program

The release of the *Working Together to Support Mental Health in Alberta Schools* resource last year provided a mechanism for school authorities, community partners and parents/caregivers to engage in deeper conversations about how to comprehensively support student mental health together. It was hoped that these conversations invited all partners across the regions to consider how they can maximize their collective efficacy and collaborative capacity. It is imperative that we continue to look for ways to support the mental health of all students in schools. This year's conference brings together community partners with a focus on supporting all students and incorporating aboriginal ways of providing mental health services into our ways of knowing and doing.

Keynote: Tim Fox

Impact of Intergenerational Trauma

Through his session on the "Impacts of Intergenerational Trauma" Tim Fox will touch on the current realities facing Indigenous communities and increase awareness on the need for specific, Indigenous cultural supports in service delivery. This presentation will explore how the legacy of historical processes and policies continue to have on Indigenous People and provide suggested ways participants can heal together from these impacts.

Breakout Sessions

Creating a system that supports the mental health needs of all children and youth is a shared responsibility of government, school authorities, community partners and parents/ guardians/families. Everyone has a role to play in creating welcoming, caring, respectful and safe learning environments. It will take a concerted and collective effort, as no single or prescribed set of strategies can address the mental health needs of all students. Following the keynote speaker there will be breakout sessions that focus on the four key areas identified in Working Together to Support Mental Health In Alberta Schools.

Time	Title	Presenter
Language Matters 10:00 - 11:00 am	Empathy & Common Language	David Gabert, CMHA
	Storytelling and Language as a Form of Healing and Wellness	Annette BruisedHead
Brain Development 11:15 - 12:15 pm	Kainai's Reziliency Project	Tisha and Bill Wadsworth
	Grief and Loss	Tanie Reid-Walker
Strength-based 1:00 - 2:00 pm	Strength Based Assessment and Consultations with At Hope Youth	Shelley Pompana Spear Chief
	Grief and Loss: An Indigenous Perspective and Practice	Deborah Pace
Shared Responsibility 2:15 - 3:15 pm	Addressing Gaps / Working Together and Across Systems	Kelsey Atkinson / Alison Lux
	Importance of Culture in Child Development	Francine Smith

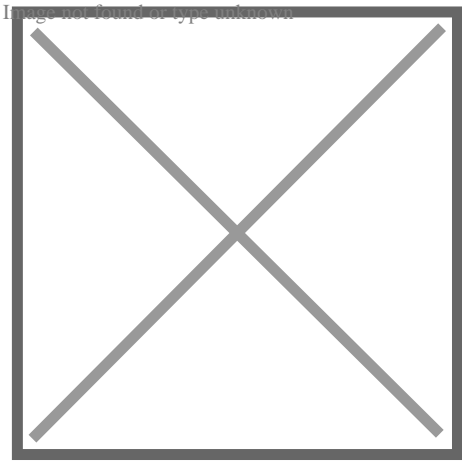
[Click here to see descriptions of each session](#)

Closing

Drumming demo and round dance with Bill Wadsworth

Presenters

Southwest Regional Collaborative Service Delivery



[Website](#)

Registration Notes

[Breakout Sessions Descriptions](#)

Registration starts at 7:30. Opening remarks are 8:15.



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