

# Aitomani'stsi'kakimoap'a - Working Together on Working Together

Presented By: Southwest Regional Collaborative Service Delivery

**Date(s):**

Tuesday, March 26, 2019  
7:30 AM - 4:00 PM

**Session Location:**

Lethbridge MultiCultural Centre  
421 6 Ave S, Lethbridge, AB

**Registration Fee:**

\$30.00

<https://sapdc.ca/register/4002>

**Grade Level:** K-12

**Special Notes:**[Breakout Sessions Descriptions](#)

Registration starts at 7:30. Opening remarks are 8:15.

**About the Session:**

The release of the *Working Together to Support Mental Health in Alberta Schools* resource last year provided a mechanism for school authorities, community partners and parents/caregivers to engage in deeper conversations about how to comprehensively support student mental health together. It was hoped that these conversations invited all partners across the regions to consider how they can maximize their collective efficacy and collaborative capacity. It is imperative that we continue to look for ways to support the mental health of all students in schools. This year's conference brings together community partners with a focus on supporting all students and incorporating aboriginal ways of providing mental health services into our ways of knowing and doing.

**Keynote: Tim Fox****Impact of Intergenerational Trauma**

Through his session on the "Impacts of Intergenerational Trauma" Tim Fox will touch on the current realities facing Indigenous communities and increase awareness on the need for specific, Indigenous cultural supports in service delivery. This presentation will explore how the legacy of historical processes and policies continue to have on Indigenous People and provide suggested ways participants can heal together from these impacts.

**Breakout Sessions**

Creating a system that supports the mental health needs of all children and youth is a shared responsibility of government, school authorities, community partners and parents/ guardians/families. Everyone has a role to play in creating welcoming, caring, respectful and safe learning environments. It will take a concerted and collective effort, as no single or prescribed set of strategies can address the mental health needs of all students. Following the keynote speaker there will be breakout sessions that focus on the four key areas identified in *Working Together to Support Mental Health In Alberta Schools*.

**Time**

**Language Matters**  
10:00 - 11:00 am

**Title**

Empathy & Common Language

**Presenter**

David Gabert, CMHA

Storytelling and Language as a Form  
of Healing and Wellness

Annette BruisedHead

**Brain Development**  
11:15 - 12:15 pm

Kainai's Reziliency Project

Tisha and Bill Wadsworth

Grief and Loss

Tanie Reid-Walker

Strength Based Assessment and Consultations with At Hope  
Youth

Shelley Pompana Spear Chief

**Strength-based**  
1:00 - 2:00 pm

Grief and Loss: An Indigenous Perspective and Practice

Deborah Pace

Addressing Gaps / Working Together and Across Systems

Kelsey Atkinson / Alison Lux

**Shared Responsibility**  
2:15 - 3:15 pm

Importance of Culture in Child Development

Francine Smith

[Click here to see descriptions of each session](#)

**Closing**

Drumming demo and r  
ound dance with Bill Wadsworth

**About the Presenter(s):**

Southwest Regional Collaborative Service Delivery  
Website