



Southern Alberta  
Professional Development  
**Consortium**

## Support Staff PD Day - Support Staff Registration



PRESENTED BY

**Jody Carrington & CUPE 290**



SERIES SESSIONS

Date	Time
February 19, 2019	8:30 AM - 3:00 PM



LOCATION

**CCH East Campus - 405 18 St S**

FEE

**\$0.00**

QUESTIONS?

**Contact Us:**

**403-381-5580**

REGISTER ONLINE

**Visit our website to register:**

**sapdc.ca**

### Program

Staff will be immersed in the world of Jody Carrington so there won't be individual session registrations. Jody Carrington is a renowned Speaker, Author & Game Changer,

Registration starts @ 8:30am

Dr. Jody Carrington - 9:00am - 12:00pm

Wellness Break - 10:15am - 10:30am

Lunch - 12:00pm - 1:00pm

Jody Carrington - 1:00pm - 3:00pm

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### Presenters

**Jody Carrington**

**Dr. Jody Carrington** is a Clinical Psychologist who has spent most of her career working with children and families who have experienced trauma. She grew up on a farm in rural Alberta, Canada, and after 13 years of post-secondary education, she took her first job on the Mental Health Inpatient Units of the Alberta Children's Hospital in Calgary. It was during those 10 years that she learned the most about kids, families, relationships, and the vital importance of connection. Today, she is back living a rural setting, working in private practice, raising a family, speaking around the country about relationships, connection and her new book, Kids These Days.

Jody is a passionate believer in the power of the relationship with the people we love, lead, and teach. Her favorite thing on the planet to do is to speak with educators – they have the power to change the trajectory of a life every single day. It is time, she believes, that we need to start focusing less on Kids These Days, and more on those of you who hold them. The core of everything she speaks and writes about comes down to this: We are wired to do hard things. We can do those hard things so much easier when we remember this: We are wired for connection.

**CUPE 290**

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## Registration Notes

Registration closes at noon on February 1, 2019



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