



# Online Webinar: Sprinkling Nutrition Education into Curricula



**PRESENTED BY**

**Norah Fines, RD & Michelle Letourneau RD**



**SERIES SESSIONS**

| Date           | Time              |
|----------------|-------------------|
| April 19, 2018 | 3:45 PM - 4:15 PM |



**LOCATION**

**Computer of your choice - -**

**FEE**

**\$0.00**

**QUESTIONS?**

**Contact Us:**

**403-381-5580**

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## Learning Opportunity

Get a head start on 2018/19 lesson planning and discover some quick activities to use this school year! Learn about nutrition resources and lesson plans available from provincial and national organizations. If your school is involved in the School Nutrition Program, this webinar can help you to meet the nutrition education requirements of the program. This 30 minute webinar will provide you with ideas to bring healthy eating messages into subjects such as math, science, social studies, and language arts!

## Presenters

### **Norah Fines, RD**

Norah Fines is a Health Promotion Coordinator from Alberta Health Services with the [School Health and Wellness Promotion team](#). She has been working in health promotion for over 10 years, and has a passion for supporting healthy school environments.



**Michelle Letourneau RD**

**Michelle Letourneau** is a Registered Dietitian with Alberta Health Services. She works in Population and Public Health in Brooks and enjoys collaborating with her community to create healthy environments.

