



# Good Grieving: A Strength Based Approach



PRESENTED BY

**Kent Hollingsworth**



SERIES SESSIONS

Date	Time
February 28, 2018	1:00 PM - 3:30 PM



LOCATION

**Holy Spirit PD Centre - 3rd Floor - 620 12  
Street B North**

FEE

**\$0.00**

QUESTIONS?

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**403-381-5580**

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## Program

Are different kinds of losses grieved differently?

Do children and youth grieve differently than adults?

What common mistakes can be avoided when attempting to assist those who are grieving?

What are the signs that may indicate that more intensive supports may be necessary?

Participants will explore these questions from a strength-based perspective. This interactive workshop format combines small and large group discussions, case studies and video excerpts.

Participants completing workshop will be able to:

- Identify their own unique strengths and challenges that they bring to their supportive role.
- Compare and contrast three popular models of grief and loss and how they can be used to assist clients.
- Identify common roadblocks to the grieving process and strategies to respond to them.
- Describe some main similarities and unique differences of grief and loss for children, youth and adults
- Understanding the differences between an expert-driven and a client-directed approach
- identify symptoms that may indicate more immediate interventions are necessary

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## Presenters

### Kent Hollingsworth

Kent Hollingsworth, M.A., CSFT is a *Certified Solution-Focused Therapist, Behavior Consultant and Clinical Consultant to a number of school divisions, with a focus on supporting neurodevelopmental disabilities.*

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