



# Early Learning for Parent/Caregiver Series: Building Executive Function and Resilience in Children Through Play



PRESENTED BY

**Dr. Robbin Gibb**



SERIES SESSIONS

Date	Time
April 29, 2025	6:30 PM - 7:15 PM



LOCATION

**Herald School - 301 5 St SW**

FEE

**\$0.00**

QUESTIONS?

Contact Us:

**403-381-5580**

REGISTER ONLINE

Visit our website to register:

**sapdc.ca**

## Learning Opportunity

Play is a powerful means to enhance brain structure and function. It promotes learning, wellness, and healthy child development, but perhaps most importantly it supports the formation of positive, nurturing relationships with caregivers and educators. Building Brains Together has developed a curriculum of games for preschoolers- elementary school to be played with an adult (parent, caregiver, educator) based on evidence presented in the primary literature. Children who engage with this program show advances in cognitive development and particularly executive function compared to children who did not. Based on our findings both school divisions in Lethbridge use this approach in their preschool classrooms and it is now funded by the City of Lethbridge to promote resiliency in all citizens.

Other series dates include:

- **October 29, 2024** - What are the OT and the PT Asking my Child to Do?
- **November 26, 2024** - Back to Basics with Behavior
- **January 28, 2025** - Call out to all Support Superheroes
- **March 25, 2025** - Mental Wellness in the Early Years
- **April 29, 2025** - Building Executive Function and Resilience in Children Through Play
- **May 27, 2025** - The OT Rocketship

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## Presenters

### Dr. Robbin Gibb

Robbin Gibb has a Bachelor's degree in Chemistry, and a Master's and PhD in Neuroscience, all from the University of Lethbridge where she is currently a Professor in the Department of Neuroscience

Her research is focused on

1. How prenatal and preconception experience influence brain development and
2. How to improve outcomes for kindergarten children by enhancing early literacy, executive function and self-regulation, and motor skills in preschool children.

She has over 100 publications including journal articles, book chapters, and books. Robbin was the proud recipient of the ATA Educational Research Award for 2023 and the Distinguished Teaching Award from the Confederation of Alberta Faculty Associations for 2024. She is a mother of 2 and a grandmother of 8.

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## Registration Notes

Childcare will be available at the session.

This is part of a series and you may sign up for as many or as little as you like. Please see other sessions titled Early Learning Series on our website.



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