



Early Learning for Parent/Caregiver Series: Mental Wellness in the Early Years



PRESENTED BY
Britni Chambers



SERIES SESSIONS

Date	Time
March 25, 2025	6:30 PM - 7:15 PM



LOCATION
Herald School - 301 5 St SW

FEE

\$0.00

QUESTIONS?

Contact Us:
403-381-5580

REGISTER ONLINE

Visit our website to register:
sapdc.ca

Learning Opportunity

Understanding the mental wellness of young children from a developmentally appropriate, attachment focused, and family centered approach. Focus on supporting the wellbeing of young children within the context of their environment(s).

Other series dates include:

- **October 29, 2024** - What are the OT and the PT Asking my Child to Do?
- **November 26, 2024** - Back to Basics with Behavior
- **January 28, 2025** - Call out to all Support Superheroes
- **March 25, 2025** - Mental Wellness in the Early Years
- **April 29, 2025** - Building Executive Function and Resilience in Children Through Play
- **May 27, 2025** - The OT Rocketship

Presenters

Britni Chambers

FSLW with MHPSD

Registration Notes

Childcare will be available at the session.

This is part of a series and you may sign up for as many or as little as you like. Please see other sessions titled Early Learning Series on our website.



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