



Better Conversations - Managing Difficult Conversations



PRESENTED BY

Dr. Jessica Wise



SERIES SESSIONS

Date	Time
January 22, 2025	8:30 AM - 11:30 AM
February 26, 2025	8:30 AM - 11:30 AM
March 12, 2025	9:00 AM - 10:00 AM



LOCATION

Zoom Online Meeting - Zoom

FEE

\$50.00

QUESTIONS?

Contact Us:

403-381-5580

REGISTER ONLINE

Visit our website to register:

sapdc.ca

Learning Opportunity

This workshop is designed for Administrators, Instructional Coaching Teachers and District Leaders.

Effective coaches, leaders, and educators communicate their message clearly, build healthy emotional connections with others, and maneuver through emotionally complex situations in ways that allow them to speak the truth so that will be heard. This workshop introduces 6 beliefs and 10 habits that promote healthy and productive relationships.

Better Conversation Beliefs:

- » I see conversation partners as equals.
- » I want to hear what others have to say.
- » I believe people should have a lot of autonomy.
- » I don't judge others.
- » I believe that conversation should be back and forth.
- » I believe that conversation should be life-giving.

Better Conversation Habits:

- » Demonstrating Empathy
- » Listening With Empathy
- » Fostering Dialogue
- » Asking Better Questions
- » Making Emotional Connections
- » Being a Witness to the Good
- » Finding Common Ground
- » Controlling Toxic Emotions
- » Redirecting Toxic Conversations
- » Building Trust

Participants will identify and explore their own beliefs and habits. They will also leave the session with:

- New habits that will have an immediate, positive impact on their ability to communicate at work and at home
- A self-coaching strategy they can use to continue improving their communication skills long after they leave the workshop

Presenters

Dr. Jessica Wise

Jessica began her educational career in Gwinnett County, Georgia, as an elementary school teacher. After seven years of teaching fourth grade, she transitioned into the role of an intervention teacher and instructional coach, where she found her true passion in education. Becoming a school-based instructional coach opened new possibilities for how to support education. After serving her school for two years as a coach, she joined the Curriculum & Instruction department where she served as a Literacy Instructional Specialist, and then a Leadership & Staff Development Instructional Coach. Jessica's true passion exists in the learning spaces where adults can explore instructional coaching and facilitation that prioritizes people and energizes educators.

Jessica received her doctoral degree in School Improvement from the University of West Georgia where her focus was facilitation of adult learning. When not working, Jessica enjoys hiking, movie night with her family, and working on DIY projects around the house.

Registration Notes

The book, *Better Conversations*, by Jim Knight is NOT REQUIRED for participation in this learning opportunity. However, if you wish to purchase a copy to support your learning here are some options:

[Amazon](#)

[Corwin](#)

[Indigo/Chapters](#)



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