



# Vaping: What Parents Need to Know



**PRESENTED BY**

**Courtney Epp & Chloe Trautman**



**SERIES SESSIONS**

Date	Time
March 06, 2024	7:00 PM - 8:30 PM



**LOCATION**

**Zoom Online Meeting - Zoom**

**FEE**

**\$0.00**

**QUESTIONS?**

**Contact Us:**

**403-381-5580**

**REGISTER ONLINE**

**Visit our website to register:**

**sapdc.ca**

## Learning Opportunity

Join the Alberta Health Services Healthy Schools and Population Health Promotion team for a virtual parent learning session on the youth vaping epidemic. In this session, parents will learn about what vaping is, current vaping trends among youth and the harms and risks associated with it. We'll explore what legislation is in place at the local and provincial level to combat youth vaping use and what you and your child's school can do about it. Ideas on how to talk to kids and help them quit, as well as where to go for more information will also be covered. Have your voice be heard and your questions answered by an expert in the field.

## Presenters

### Courtney Epp

Courtney Epp is a Health Promotion Facilitator on the Healthy Schools Team within Alberta Health Services. She has been with the organization for over 10 years and is passionate about improving staff and student wellbeing through evidence-informed action using the comprehensive school health approach. Courtney has a keen interest in supporting divisions in the South West Zone with emerging hot topics that affect the overall wellness of the school community. In her spare time, Courtney enjoys connecting with nature and spending time with her 9 year old twins.

### Chloe Trautman

Chloe Trautman is a Health Promotion Facilitator with Alberta Health Services since 2017 based in Lethbridge covering the South Zone. Chloe is a trained QuitCore Facilitator serving Albertans looking to reduce and eliminate their tobacco use. In recent years, vaping prevention among the youth population has become a large priority in her work, and she finds great passion promoting healthier behaviors among our youth. During her time away from work, Chloe enjoys travelling, house projects with her husband, and walking her dog.

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## Registration Notes

Zoom link will be sent out in registration email.

Recording will be sent out after session.



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